

STUDENT WEEKLY

Week A

w/c Monday 12th January 2026

General Notices:

Years 7,8,9,10 & 12: Next week is RAWL 2 week and you will have an assessment in each of your subjects. Please check with your teacher for the date of the assessment and which topics you need to revise.

Sixth Form Open Evening

Year 11: Sixth Form Open Evening will be taking place next Thursday (15th - 4:30-6:30pm) at the school. No appointment is needed so please come along to see what we offer. It is worth attending even if you are sure you are coming to Rivers (or you are not!) so you can speak to teachers and find out more about the courses we offer from the staff who teach them.

Post 16 News

On Monday 12th January during period 1 and 2, we have a Sixth Form study skills morning to support students with important independent study skills.

These include: time management, prioritising, having even distribution of focus, maintaining motivation and goal setting, as well as critical thinking. Students should make their way to the canteen at the following times: P1 - All Yr12 - canteen P2 - All yr13 - canteen

Science Fact of the Week

Truth or Myth: Our Nose and our Ears Never Stop Growing

As we age, our nose and our ears do get bigger, but not because they are growing. The real reason is a common scientific force known as GRAVITY. Our nose and our ears are made of cartilage which does stop growing. However, cartilage is made of collagen and other fibers that begin to break down as we age. The result is drooping. So what appears to be growth is just gravity doing its job.



Intrinsic

Pronounced: in-trin.zik
(adjective)

Belonging naturally; essential to the nature of something.

Etymology: late 15th century (in the general sense 'interior, inner'); from French *intrinseque*, from late Latin *intrinsecus*



Transform



Synonyms & Antonyms



Use



Career Link

AM notices

- Please remember to remove your coats and bags in lessons from desks and ensure you have your pencil cases and planners ready. This saves time in lessons and keeps the learning environment tidy.
- Everyone should have full equipment by now including pens, pencils, scientific calculators, rules, protractors etc... A full equipment list is on the website and in your planner

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OVERVIEW - WHOLE ACADEMY					
	Monday	Tuesday	Wednesday	Thursday	Friday
ARTS- Angelou and Bowie	Word of the Week	Assembly	Silent Reading Y7/8/9 Y10/11/12/13 PSHE	Y7 Aspire Award 8/9 Guided Reading Y10/11/12/13 PSHE	Y7/8/9/10 Numeracy Ninja Y11/12/13 Quiz
COMMUNICATIONS- Attenborough and Berners Lee	Word of the Week	Y7 Aspire Award Y8/9 GUIDED READING Y10/11/PSHE 12/13 Assembly	Assembly 12/13 PSHE	Silent Reading Y7/8/9 Y10/11/12/13 PSHE	Y7/8/9/10 Numeracy Ninja Y11/12/13 Quiz
MATHS AND WELLBEING - Turing and Simmonds	Word of the Week	Y7 Aspire Award Y8/9 GUIDED READING Y10/11/PSHE 12/13 Assembly	Silent Reading Y7/8/9 Y10/11/12/13 PSHE	Assembly 12/13 PSHE	Y7/8/9/10 Numeracy Ninja Y11/12/13 Quiz
SCIENCE AND TECH- Franklin and Latimer	Word of the Week	Y7 Aspire Award Y8/9 GUIDED READING Y10/11/PSHE 12/13 Assembly	Silent Reading Y7/8/9 Y10/11/12/13 PSHE	Y7/8/9/10 Numeracy Ninja Y11 Quiz	Assembly/12/13 Quiz

LAST WEEK			
Totals	Achievement	Totals	Achievement
Arts	1671	Maths & Well-being	1839
Communications	1910	Science & Technology	2043

PE Extra Curricular Timetable

	Break 1	Break 2	After School (3.15 - 4.15)	
Monday		Girls Basketball Y7-9 (Boys Gym)		
Tuesday			Boys Basketball (Y7-10) BOR/JDU/AFI/DSU Boys Gym	Netball (Y7-Y10) EMR Girls Gym
Wednesday		Girls Football Y7-9 (Boys Gym)	Boys Football (Y7-Y10) AFI/DSU/BOR/AOR/ JDU Field	
Thursday			Girls Football (Y7-10) EMR/AFI Field	
Friday				

Rivers Extra Curricular PE Timetable Spring 1

After school clubs will resume week commencing Monday 12th January 2026

PE Update

Upcoming Fixtures-

13/01/26- Y8 Netball vs St Marks

14/01/26- Junior Girls Football vs Preston Manor (County Cup Round of 16)

14/01/26- Y10 Basketball vs Gunnersbury

14/01/26- Y9 Football vs Heathlands

Extra Curricular Timetable - General ECAs

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	BEFORE SCHOOL	BREAK 1	BREAK 2	AFTER SCHOOL
MONDAY	BREAKFAST CLUB CANTEEN PJO /VSH	ORIGAMI CLUB - SBO - 219		DRAMA CLUB - XHU - 135 YEAR 11 ENGLISH INTERVENTION (3-4PM)
TUESDAY		CRAFT CLUB - ISH/LSI - 271 UNO CLUB - EMA - 112	ART CLUB - ESH - 124	CODING CLUB (YEAR 7) - PRA - 111 BOYS BASKETBALL - BOYS GYM NETBALL - GIRLS GYM MOCK TRIAL BAR - WBE/HSM - 272 DEBATE CLUB - LMU/HSM -272 YEAR 11 HUMANITIES INTERVENTION 3-4PM (WEEK A) YEAR 11 MFL INTERVENTION 2-4PM (WEEK B)
WEDNESDAY		ART CLUB - HMU - 121 YEAR 7 GIRLS BASKETBALL - GIRLS GYM YEAR 11 - YEARBOOK - HSM - 261 MUSIC CLUB - LHA - 135	MOCK TRIAL BAR - WBE/HSM - 151	BOYS FOOTBALL - BOYS GYM KS3 SCIENCE CLUB - LPO - 232 MATH HOMEWORK CLUB - BSH - 203 KS3 DT CLUB - TBA - 139 YEAR 11 SCIENCE INTERVENTION SING! 3-4PM - LHA - 135
THURSDAY		WELLBEING CLUB - EMA - 112	HUMANITIES CLUB - JCA - 172	GIRLS FOOTBALL - PE BLOCK ANIME CLUB - SRE - 273 YEAR 11 MATHS INTERVENTION 3-4PM YEAR 11 OPTIONS INTERVENTION 3-4PM YEAR 11 MUSIC COURSEWORK CLUB - LHA - 135

To sign up to a club, simply attend and the teacher will add you to the register

Useful information:

- **Lunch money needs a top up?** If you need to top up your lunch money account, the easiest way is online: **School Gateway details:** <https://login.schoolgateway.com/0/auth/login>
- **Lost something?** First try retracing your steps, if you can't find it, lost property is taken to reception, please ask here.
- **Biometrics/Fingerprints not working ?** Please inform your AM, who will contact the school office.

Worried? Need support?

- Speak to any teacher/your AM or there is- [The SHARP System](#)
- If you are looking for support and advice regarding a mental health issue for yourself or someone close to you, then you will find lots of help at Kooth [Here is the link.](#)
- If you have a notice you would like added to the student weekly, email Mr Wormald (twormald@rivers-apirations.org) by Friday 9am the week before.