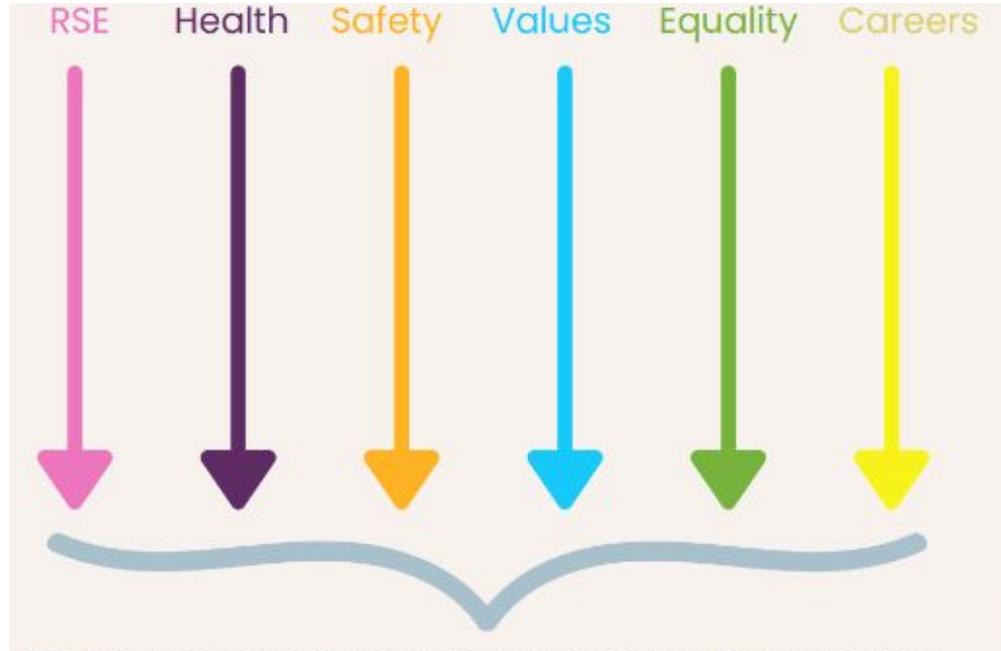


Personal Development Parent Forum

Spiral Thematic Approach to Personal Development

PERSONAL
DEVELOPMENT
CURRICULUM
=
PSHE +
CITIZENSHIP +
RE +
CAREERS



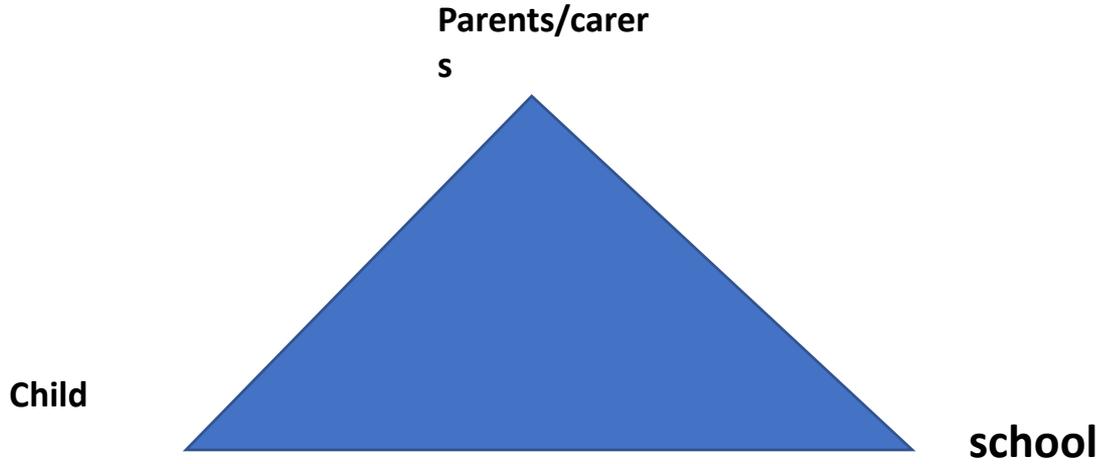
Spiral Thematic Approach to Personal Development

RSE - Relationship and Sex Education	Health and Wellbeing	Staying Safe online & offline
Rights, responsibilities and British values	Celebrating equality and diversity	Life Beyond School

Common Principles

- We all want what is best for children.
- We want to protect children and to keep them safe.
- We want children to be healthy and happy.
- **High quality Personal Development Education is part of this.**

How is this achieved? Partnership



We need to working together? We need to share viewpoints and listen.

• Aims and ethos of our Personal Development Programme

- Students are provided with the information they need to stay safe and make informed decisions
- The curriculum is age appropriate
- Broad and balanced curriculum
- It has been carefully mapped to include the things students need to prepare them for future life
- Teachers are trained specialists - small team of teachers deliver the curriculum
- We make use of external facilitators to deliver aspects of the curriculum

Our 5 year Personal Development Learning Journey

<https://rivers.academies.aspirationsacademies.org/wp-content/uploads/sites/17/2023/09/Personal-Development-5-Year-Learning-Journey.pdf>

[Personal Development CURRICULUM OVERVIEW 2023/24](#)



Rivers Academy West London
an Aspirations Academy

**Relationships, Sex and
Health Education Policy
(from 2020)**

3. Definition

RSHE stands for Relationship, Sex and Health Education. It is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity in a safe environment where pupils can discuss their thoughts and receive age appropriate reliable guidance. RSHE involves a combination of sharing information, and exploring issues and values. RSHE is **not** about the promotion of sexual activity, indeed evidence shows that the provision of well taught, effective RSHE reduces the likelihood of young people engaging in risky behaviours (See [A curriculum for life: the case for statutory PSHE education](#)).

Rivers Academy definition of RSE:

We define 'relationships education' to involve education about the forming and maintenance of family, friendships and more intimate relationships both online and in person with consideration of boundaries and health.

We define sex education to be education about human sexual anatomy, sexual reproduction, sexual intercourse

We believe relationships and sex education is important for our pupils and our school because it supports people, throughout life, to develop safe, fulfilling and healthy relationships, at the appropriate time.

10. Parents' right to withdraw

Parents have the right to withdraw their children from the non-statutory components of sex education within RSE up to and until 3 terms before the child turns 16. After this point, if the child wishes to receive sex education rather than being withdrawn, the Academy will arrange this.

Requests for withdrawal should be put in writing using the form found in Appendix 3 of this policy and addressed to the Principal.

A copy of withdrawal requests will be placed in the pupil's educational record. The Principal or a member of SLTI will discuss the request with parents and take appropriate action.

Alternative work will be given to pupils who are withdrawn from sex education.

Parental Feedback

Our RSHE policy can be viewed on our website. The materials we use are always available to be viewed by parents upon request.

If you have any feedback on the RSHE policy or question, please complete the feedback form on the website or speak to a member of staff