

(Personal Development KS3 and KS4) Curriculum Overview 2023-24

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7 curriculum overview	Life in the wider world	Relationships	Religious Education	Finance and Citizenship	Religious Education	Mental Health and Healthy Choices
Personal Development Links	Anti bullying pledge, Aspirations, Building self esteem, Wants and needs, Challenging stereotypes, Keeping safe online, Radicalisation and prevent, Building positive friendships	Sexism and misogyny, LGBTQ+, Family diversity, Puberty, Online Relationships, Consent, Periods, FGM, Managing new feelings.	Introduction to Judaism, The Torah, Abraham and Issac, Introduction to Christianity, Holy Trinity, Ten commandments, Introduction to Islam, Qu’ran, Five Pillars	Budgeting, Savings, Financial Transactions, Careers, Power, Local Power, National Powers, Political Party.	Introduction to Hinduism, Hindu Holy Texts, Polytheism, Buddhism - Beliefs, Buddhism Holy Texts, Who are Guru Granth Sahub and Guru Nanak? , Sikhism and the 5 K's, The Golden Temple, Sikhism in Britain	Mental health, Emotional literacy, Healthy Lifestyle, How can I keep a balanced diet?, How do I know if I am eating healthy or not? Energy drinks, Why is smoking bad for us?, Drug and Alcohol Education FGM
Skills	Managing and assessing risk, Challenging misconceptions, Strategies to stay safe online, building resilience, self worth and aspirational perspectives	Managing emotions and feelings and developing healthy strategies to manage changes , Developing tolerance and respect for all people, Challenging misconceptions	Developing tolerance and respect for all people, Challenging misconceptions, Assessing different perspectives	Money Managements and Critical thinking, Assessing different perspectives. Political literacy	Developing tolerance and respect for all people, Challenging misconceptions, Assessing different perspectives	Managing and assessing risk, challenging misconceptions, strategies to stay safe, building resilience, Healthy strategies, Positive mental health
Career links	Health and social care workers, Police, Policy makers	Health and social care workers, Police, Policy makers	Religious Leaders	Prime Minister, Member of Parliament, Civil Servants, Local Council, Bankers, Accountants	Religious Leaders	Dietician, Counselor, Doctors

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 8 curriculum overview	Equality	Personal Finance and Careers	Religious Education	Relationships	Religious Education	Safety and risky behaviours
Personal Development Links	Disablism, LGBTQ+ discrimination around the world, Democracy, Respect Tolerance, Online Grooming, Extremism, Radical groups and Radicalisation	Police powers, Court room, Age of criminal responsibility, Income and Expenditure, Tax and National Insurance, Public spending, Budgeting and saving, Entrepreneurs, Teamwork	Key ideas in Judaism, Key figures in Judaism, Religious Festivals, Key ideas in Christian Faith, Holy Trinity, The Birth and Death of Jesus, Key ideas in Islam, Prophets, Eid	Periods and puberty, Healthy relationships, Domestic conflict, Sexting and Image Sharing, Images about our body, Consent, Teenage Pregnancy, Healthy Relationships	Introduction to Buddhism, Enlightenment, Four Noble truths, Introduction to Sikhism, What are the 5 K's? Religious people in Sikhism, Introduction to Hinduism, What do Hindu's believe about life and death?	Self Confidence, Managing my own behavior, emotional literacy, Mindfulness, Mental Health, Healthy Lifestyles, Personal and Oral Hygiene, Cancer Screening
Skills	Challenging Misconceptions, Developing respect and tolerance for all	Political Literacy, Money Management, Communication, Team Work, Leadership skills, Entrepreneurial skills,	Developing tolerance and respect for all people, Challenging misconceptions, Assessing different perspectives	Managing emotions and feelings and developing healthy strategies to manage changes , Challenging misconceptions. Assessing and managing risks	Developing tolerance and respect for all people, Challenging misconceptions, Assessing different perspectives	Managing and assessing risk, challenging misconceptions, strategies to stay safe, building resilience, Healthy strategies, Positive mental health
Career links	Health and social care workers, Police, Policy makers	Prime Minister, Member of Parliament, Civil Servants, Local Council, Bankers, Accountants	Religious Leaders	Health and social care workers, Police, Policy makers	Religious Leaders	Dietician, Counselor, Doctors, Dentists

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 9 curriculum overview	Transition to Year 9	Personal Finance and Careers	Health and Wellbeing	First Give Project	Relationship	Drug and Alcohol Education
Personal Development links	Behaving to achieve, Human rights, Interpersonal skills, Discrimination and equality act, Growth Mindset, Coping with Stress and Anxiety	Taking control of my life and my future, Work skills, What is enterprise?, How can I save money?, Employability and preparing for the world of work	Mindfulness, Body image, eating disorders, Peer Pressures, Healthy and unhealthy relationships	Understanding social issues and taking actions	Conflict management, Forced and arranged marriages, Harassment and stalking, Image sharing and social media, Pornography	Alcohol awareness, drug misuse and pressures relating to drug use, responsible health choices: vaccinations, blood + organ donation, stem cells + hygiene, acid attacks, skin cancer and sleep
Skills	Resilience, Tolerance, Respect, Emotional Literacy, Growth Mindset, Positive Coping strategies, Interpersonal skills, communication, team work, leadership and Aspirational values	Political Literacy, Money Management, Communication, Team Work, Leadership skills, Entrepreneurial skills,	Positive Mental Health, Positive and healthy coping strategies, resilience	Communication, Team Work, leadership, Research, Design, Taking action	Managing emotions and feelings and developing healthy strategies to manage changes , Challenging misconceptions, Assessing and managing risks	Assessing and managing risks, healthy choices and decisions, respect and tolerance for all
Career links	Lawyers, Activists, Counselors	Bankers, Accountants, Entrepreneurs,	Health and social care workers, Police, Policy makers	Volunteers, Charity Work, Fundraisers	Health and social care workers, Police, Policy makers	Dietician, Counselor, Doctors, Dentists

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10 curriculum overview	Careers and My Future	Celebrating Diversity and Equality	Values - Religious Education Philosophy and Alternative Religions	Relationship and Sex Education	Values - Religious Education Life and Death	Staying Safe online and offline
Personal Development links	Post 16 options, CV's, Finance and Employment, Budgeting, Employability, Targeted Advertising, Rights and Responsibilities, Consumer Rights, Exploring a Pay Cheque, Diversity and Equality in the Workplace	Fake News, International Organisations, Human Rights, Peace, War and Conflict, British Values, Hate Crime, Individual Liberty, Mutual Respect, Democracy	Theist explanations of evil and suffering, Plato's Cave, Beyond our Dimensions, Ethics, Humanism, Conspiracy Theories, Sunni vs Shi'ite, Atheism	Message of Delay, Intimacy and pleasure, Pornography, Dealing with pressure, persuasion and coercion, managing relationships and conflict, marriage, relationship abuse and Child Sexual Exploitation	Creation Stories, Life after death, What is the soul?, Heaven and Hell. Islam, Christianity and Death, Reincarnation, Abortion, Euthanasi	Honour based violence, Forced marriage, Modern Day Slavery, Knife Crime, Social Media Validation, Keeping your data safe, Online Gaming and Gambling, Insta and Tik Tok Generation, emotional wellbeing and mental health
Skills	CV writing, Media Literacy, staying safe online, Decision making, Goal Setting, Healthy choices, Positive coping strategies	Assessing and managing risks, healthy choices and decisions, respect and tolerance for all	Developing tolerance and respect for all people, Challenging misconceptions, Assessing different perspectives	Managing emotions and feelings and developing healthy strategies to manage changes , Challenging misconceptions, Assessing and managing risks	Developing tolerance and respect for all people, Challenging misconceptions, Assessing different perspectives	Critical thinking, Challenging Misconceptions, Developing tolerance and respect for all people, Healthy choices
Career links	Policy makers, Bankers, accountants	Health and social care workers, Police, Policy makers	Philosophers	Health and social care workers, Police, Policy makers	Religious Leaders	Media, Journalism, Editors,

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	Deep Learning Day 1/2 & Academic Mentoring	Deep Learning Day 3 & Academic Mentoring	Deep Learning Day 4 & Academic Mentoring	Deep Learning Day 5 & Academic Mentoring	Deep Learning Day 6 & Academic Mentoring
Year 11 curriculum overview	Careers and My Future	Health and Wellbeing	Respect and Relationships	Drug and Alcohol Education	Values-Religious Education
Personal Development Links	Being successful in year 11, Revision techniques, Sleep, Dealing with exam stress and anxiety, Unifrog, Basic First Aid, Screentime, Wellbeing and relaxation. post 16 options	Consent, drugs, accessing health services revisit, drugs, wellbeing workshop	Mindfulness, incels and misogyny, positive masculinity, external drug and alcohol services	Theatre production by professional theatre company covering the dangers of drugs	Mindfulness and Religious Education. Also testicular cancer and breast cancer examinations.
Skills	CV writing, Media Literacy	Positive Choices and healthy decision making, Assessing and Managing Risk	Healthy choices, Positive coping strategies	Healthy choices, Positive coping strategies, Staying safe online, Decision making,	Learning from religion, Tolerance, Respect
Career links	Health and social care workers, Police, Policy makers	Various careers choices, paths ways and learning routes	Health and social care workers, Police, Policy makers	Health and social care workers, Police, Policy makers	Lawyers, politicians, peacekeepers, immigration officers

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	Autumn 1 AM Time	Autumn 2 AM Time	Spring 1 AM Time	Spring 2 AM Time	Summer 1 AM Time	Summer 2 AM Time
Year 12 and 13 curriculum overview	Living in the Wider World and British Values	Living in the wider world and Careers and Finance	Health and Wellbeing and Self Concept	Living in the wider world and Health and Wellbeing	Relationships and Healthy Choices	Relationships and Discrimination
Personal Development Links	Protected Characteristics, Discrimination, Employees Rights, Misogyny, Trade Unions and Protests	Finance, Online Presence, CV, Cover Letters, Interviews	Stress Managements, Anxiety, Positive Coping Strategies, Imposter Syndrome, Conflict Resolution	Vaccinations, Screening for Cancer, Healthy Choices, First Aid.	Drugs, Alcohol, Tobacco and Vapes. Relationship Sex Education	Sexism, Homophobia, Extremism, Body Image, Online Safety, Incelss and Misogyny
Skills	Communication and Debate	Money Management and Interview Skills	Positive coping strategies	Assess and Manage Risks	Healthy Choices and Decision Making	Respect and tolerance for all.
Career links	Civil Servants, Trade unions, Activists	Bankers, Accountants,	Health and social care workers, Police, Policy makers	Health Service Workers	Health Service Workers	Health and social care workers, Police, Policy makers