

RIVERS ACADEMY PERSONAL DEVELOPMENT CURRICULUM OVERVIEW 2023/24

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T I M E	7	Introduction to Secondary School Anti bullying pledge, Aspirations, Building self esteem, Wants and needs, Challenging stereotypes, Keeping safe online, Radicalisation and prevent, Building positive friendships	Building relationships Sexism and misogyny, LGBTQ+, Family diversity, Puberty, Online Relationships, Consent, Periods, Managing new feelings. FIRST AID (CPR AND DEFIBRILLATOR)	Values - Religious Education Abrahamic Religions - Judaism (Core values, Torah & Tanakh, Abraham and Isaac) Christianity (Core values, Holy Trinity & Ten Commandments) Islam (Core Values, Quran & 5 Pillars)	British Values & Personal finance Power, politics and the workings of the British parliamentary democracy. Saving, borrowing, budgeting and making financial choices.	Values - Religious Education World Religions Introduction to Hinduism, Hindu Holy Texts, Polytheism, Buddhism - Beliefs, Buddhism Holy Texts, Who are Guru Granth Sahub and Guru Nanak?, Sikhism and the 5 K's, The Golden Temple, Sikhism in Britain	Health and Wellbeing Mental health, emotional literacy, healthy lifestyles, balanced diet, energy drinks, smoking, vaping and drugs, alcohol, FGM
	8	Equality Discrimination in all its forms, including: racism, homophobia, biphobia and transphobia Rule of Law and Democracy, internet safety, extremism and radicalisation	Personal Finance and Careers Police powers, courtrooms, age of criminal responsibility, income and expenditure, tax and national insurance, public spending, budgeting, entrepreneurs	Abrahamic Religions - Judaism (Core values, Torah & Tanakh, Abraham and Isaac) Christianity (Core values, Holy Trinity & Ten Commandments) Islam (Core Values, Quran & 5 Pillars)	Healthy Relationships Healthy and unhealthy relationships including consent, conflict and dealing with pressure including image sharing, peer pressure, personal hygiene	Values - Religious Education World Religions Introduction to Hinduism, Hindu Holy Texts, Polytheism, Buddhism - Beliefs, Buddhism Holy Texts, Who are Guru Granth Sahub and Guru Nanak?, Sikhism and the 5 K's, The Golden Temple, Sikhism in Britain	Safety and risky behaviours Self Confidence, Managing my own behavior, emotional literacy, Mindfulness, Mental Health, Healthy Lifestyles, Personal and Oral Hygiene, Cancer Screening
A B	9	Transition to year 9 Behaving to achieve, interpersonal skills, human rights access to education, discrimination and equality, growth mindset, coping with stress and anxiety	Personal Finance and Careers Taking control of my future as part of year 9 options process, work skills, the workplace, saving money, consumers and the law, employability	Health and Wellbeing Mental wellbeing, healthy and unhealthy coping strategies including eating disorders, impact of body image and peer pressure	First Give-Local Community Project Research local social issues, make links with local charities and present the case for their charity to win £1000	Relationship and Sex Education Conflict management, Forced and arranged marriages, Harassment and stalking, Image sharing and social media, Pornography	Drugs and alcohol Alcohol awareness, drug misuse and pressures relating to drug use, responsible health choices: vaccinations, blood + organ donation, stem cells + hygiene, acid attacks, skin cancer and sleep
L E D	10	Careers and my future Post 16 options, CV's, Finance and Employment, Budgeting, Employability, Targeted Advertising, Rights and Responsibilities, Consumer Rights, Exploring a Pay Cheque, Diversity and Equality in the Workplace	Celebrating Diversity and Equality Fake News, International Organisations, Human Rights, Peace, War and Conflict, British Values, Hate Crime, Individual Liberty, Mutual Respect, Democracy	Values - Religious Education Philosophy and Alternative Religions Theist explanations of evil and suffering, Plato's Cave, Beyond our Dimensions, Ethics, Humanism, Conspiracy Theories, Sunni vs Shi'ite, Atheism	Relationship and Sex Education Message of Delay, Intimacy and pleasure, Pornography, Dealing with pressure, persuasion and coercion, managing relationships and conflict, marriage, relationship abuse and Child Sexual Exploitation	Values - Religious Education Life and Death Creation Stories, Life after death, What is the soul?, Heaven and Hell. Islam, Christianity and Death, Reincarnation, Abortion, Euthanasia	Staying Safe online and offline Honour based violence, Forced marriage, Modern Day Slavery, Knife Crime, Social Media Validation, Keeping your data safe, Online Gaming and Gambling, Insta and Tik Tok Generation, emotional wellbeing and mental health
D L D	11	Careers and My Future Being successful in year 11, Revision techniques, Sleep, Dealing with exam stress and anxiety, Unifrog, Basic First Aid, Screentime, Wellbeing and relaxation. post 16 options	Health and wellbeing Consent, drugs, accessing health services revisit, drugs, wellbeing workshop	Respectful relationships Mindfulness, incels and misogyny, positive masculinity, external drug and alcohol services	Drugs and alcohol Theatre production by professional theatre company covering the dangers of drugs and alcohol	Values-Religious Education Mindfulness and Religious Education. Also testicular cancer and breast cancer examinations.	Key Equality Careers and Personal Finance Values - incorporating RE Safety - Online and Offline Relationship and Sex Education Health and Wellbeing

DEEP LEARNING DAY OVERVIEW 2023/24

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7				Uniformed Services Day Students learn about knife crime, gangs and grooming, drugs and alcohol from members of the uniformed services such as police, and paramedics		
8		GRANT THORNTON SCHOOLS PROGRAMME Professional services company Grant Thornton spend a day teaching students about the world of business and train them to set up a small business. The programme was developed at Rivers Academy by Rivers teachers and is now run all over the country	First Aid - St John's Ambulance <ul style="list-style-type: none"> - Emergency First Aid - CPR - Use of Defibrillator 			
9		Values - Religious Education Religion and Human Rights Day Religion and animal rights, religion and freedom of expression, Religion and immigration/social cohesion, RELigion and Gender, Religion and social justice	First Give Students spend a day off timetabled starting their First Give projects where they investigate local social issues. One group will win £100 0 a local charity.	Values - Religious Education Christian Teachings Day Christianity, The Bible, Catholicism, Protestantism, Jehovah's Witness, Mormonism	Values - Religious Education Students learn about Islam (Five Pillars and Qu'ran) and Christianity (Holy Trinity, Ten Commandments) They also have workshops from external professional on the PSHE curriculum)	Worship Day Students visit a place of worship St Paul's Cathedral London Central Mosque Wimbledon Synagogue
10			Drugs and alcohol Theatre production by professional theatre company covering the dangers of drugs and alcohol			