MENU WEEK 1

WEEK COMMENCING: 31/10/22, 21/11/22, 12/12/22, 2/1/23, 23/1/23, 13/2/23, 6/3/23, 27/3/23

THE PIZZA PROJECT

FROM £1.50

- **M** CHEESEBURGER / ALL DAY BREAKFAST
- **T** MEAT FEAST / MARGHERITA
- **W** PEPPERONI / CHEESY CHIPS
- **T** HAM & CHEESE / MARGHERITA
- **F** PEPPERONI / MAC PIZZA WRAP

MARGHERITA PIZZA AVAILABLE DAILY

BREAK AWAY

FROM £1.00

the CORE

FROM £2.35

- **M** SWEDISH MEATBALLS, MASH + GRAVY
  QUORN SWEDISH MEATBALLS, MASH + GRAVY
- **T** KATSU CHICKEN CURRY + FRAGRANT RICE
  CLASSIC MAC 'N' CHEESE + SEEDED CRUMBLE TOPPING
- **W** SLOW ROASTED CHICKEN, ROAST POTATOES, STUFFING + DIPPING GRAVY
  RIPPED QUORN FILLET, ROAST POTATOES, STUFFING + DIPPING GRAVY
- **T** PASTA WITH A RICH BOLOGNESE SAUCE
  FRENCH BREAD MARGHERITA PIZZA
- **F** MSC FISH OR SALMON FINGERS, CHIPS + TOMATO SAUCE
  QUORN FISHLESS FINGERS, CHIPS + TOMATO SAUCE

SAUSAGE ROLLS

- **M** MARMITE
- **T** CURRIED
- **W** CHEESE
- **T** BBQ
- **F** SWEET CHILLI

BACON, SAUSAGE + EGG MUFFINS AVAILABLE DAILY + VEGETARIAN SAUSAGE ROLLS

the hot pod

FROM £2.00

	PANINI	BAGUETTE	TOASTIE
M	HAM + CHEESE	BBQ BACON	CHICKEN MAYO
T	BBQ CHICKEN	SLOPPY JOE	MAC CHEESE
W	PEPPERONI	TANDOORI CHICKEN	NACHO CHEESE
T	TUNA MELT	CAJUN CHICKEN	CAPRESE
F	FISH FINGER + CHEESE	THAI CHICKEN	NEW YORKER

THE STREATS

FROM £2.35

- **M** CHINESE NOODLE BURRITO / CLASSIC POSH DOGS
- **T** MEXI-CHI-CKAN / DIRTY NUGGS
- **W** ROAST DINNER BURRITO / GREEK SALAD FLATBREAD
- **T** CHILLI CON CARNE BURRITO / SWEET CHILLI MAYO NUGGS
- **F** CHIP BUTTIE BURRITO / DORITOGOS

PASTA BOX

FROM £1.50

- **M** CARBONARA
- **T** MEATBALL / FLORENTINE
- **W** TUNA MAYO / MAC 'N' CHEESE
- **T** LAZY LASAGNE / ROASTED VEG
- **F** SPICY CHICKEN / PIZZA PASTA

CLASSIC TOMATO PASTA AVAILABLE DAILY

M MONDAY T TUESDAY W WEDNESDAY T THURSDAY F FRIDAY

VEGETARIAN VEGAN

MENU WEEK 2

WEEK COMMENCING: 11/7/22, 28/11/22, 19/12/22, 9/1/23, 30/1/23, 20/2/23, 13/3/23, 3/4/23

THE PIZZA PROJECT

FROM £1.50

- M CHEESEBURGER / ALL DAY BREAKFAST
- T MEAT FEAST / MARGHERITA
- W PEPPERONI / CHEESY CHIPS
- T HAM & CHEESE / MARGHERITA
- F PEPPERONI / MAC PIZZA WRAP

MARGHERITA PIZZA AVAILABLE DAILY

BREAK AWAY

FROM £1.00

SAUSAGE ROLLS

- M MARMITE
- T CURRIED
- W CHEESE
- T BBQ
- F SWEET CHILLI

BACON, SAUSAGE + EGG MUFFINS AVAILABLE DAILY + VEGETARIAN SAUSAGE ROLLS

the CORE

FROM £2.35

- M PORK SAUSAGES, MASH + GRAVY
  VEGAN SAUSAGES, MASH + GRAVY
- T CHICKEN + RAINBOW VEGETABLE STIR-FRY
  RAVIOLINI IN TOMATO + BASIL SAUCE
- W SLOW ROASTED BEEF, ROAST POTATOES + GRAVY
  TOMATO + CHEDDAR PLAIT WITH ROAST POTATOES
- T CHICKEN + SWEETCORN PASTA BAKE
  VEGGIE NOODLE STIR-FRY
- F MSC FISH OR SALMON FINGERS, CHIPS + TOMATO SAUCE
  QUORN FISHLESS FINGERS, CHIPS + TOMATO SAUCE

the hot pod

FROM £2.00

PANINI

- M HAM + CHEESE
- T BBQ CHICKEN
- W PEPPERONI
- T TUNA MELT
- F FISH FINGER + CHEESE

BAGUETTE

- BBQ BACON
- SLOPPY JOE
- TANDOORI CHICKEN
- CAJUN CHICKEN
- THAI CHICKEN

TOASTIE

- CHICKEN MAYO
- MAC CHEESE
- NACHO CHEESE
- CAPRESE
- NEW YORKER

THE STREATS

FROM £2.35

- M CHINESE NOODLE BURRITO / CLASSIC POSH DOGS
- T MEXI-CHI-CKAN / DIRTY NUGGS
- W ROAST DINNER BURRITO / GREEK SALAD FLATBREAD
- T CHILLI CON CARNE BURRITO / SWEET CHILLI MAYO NUGGS
- F CHIP BUTTIE BURRITO / DORITOGOS

PASTA BOX

FROM £1.50

- M CARBONARA
- T MEATBALL / FLORENTINE
- W TUNA MAYO / MAC 'N' CHEESE
- T LAZY LASAGNE / ROASTED VEG
- F SPICY CHICKEN / PIZZA PASTA

CLASSIC TOMATO PASTA AVAILABLE DAILY

M MONDAY T TUESDAY W WEDNESDAY T THURSDAY F FRIDAY

VEGETARIAN VEGAN

MENU WEEK 3

WEEK COMMENCING: 14/11/22, 5/12/22, 26/12/22, 16/1/23, 6/2/23, 27/2/23, 20/3/23

THE PIZZA PROJECT

FROM £1.50

- M CHEESEBURGER / ALL DAY BREAKFAST
- T MEAT FEAST / MARGHERITA
- W PEPPERONI / CHEESY CHIPS
- T HAM & CHEESE / MARGHERITA
- F PEPPERONI / MAC PIZZA WRAP

MARGHERITA PIZZA AVAILABLE DAILY

BREAK AWAY

FROM £1.00

SAUSAGE ROLLS

- M MARMITE
- T CURRIED
- W CHEESE
- T BBQ
- F SWEET CHILLI

BACON, SAUSAGE + EGG MUFFINS AVAILABLE DAILY + VEGETARIAN SAUSAGE ROLLS

the CORE

FROM £2.35

- M CHICKEN + LEEK PIE WITH MASHED POTATO TOPPING
  SHEPHERDESS PIE
- T BEEF KEEMA CURRY + PILAU RICE
  CAULI MAC 'N' CHEESE
- W SLOW ROASTED PORK, ROAST POTATOES + GRAVY
  VEGGIE SAUSAGE TOAD IN THE HOLE, ROAST POTATOES + GRAVY
- T ARABIATTA CHICKEN MEATBALLS + PASTA
  FRENCH BREAD MARGHERITA PIZZA
- F MSC FISH OR SALMON FINGERS, CHIPS + TOMATO SAUCE
  QUORN FISHLESS FINGERS, CHIPS + TOMATO SAUCE

the hot pod

FROM £2.00

	PANINI	BAGUETTE	TOASTIE
M	HAM + CHEESE	BBQ BACON	CHICKEN MAYO
T	BBQ CHICKEN	SLOPPY JOE	MAC CHEESE
W	PEPPERONI	TANDOORI CHICKEN	NACHO CHEESE
T	TUNA MELT	CAJUN CHICKEN	CAPRESE
F	FISH FINGER + CHEESE	THAI CHICKEN	NEW YORKER

THE STREATS

FROM £2.35

- M CHINESE NOODLE BURRITO / CLASSIC POSH DOGS
- T MEXI-CHI-CKAN / DIRTY NUGGS
- W ROAST DINNER BURRITO / GREEK SALAD FLATBREAD
- T CHILLI CON CARNE BURRITO / SWEET CHILLI MAYO NUGGS
- F CHIP BUTTIE BURRITO / DORITOGOS

PASTA BOX

FROM £1.50

- M CARBONARA
- T MEATBALL / FLORENTINE
- W TUNA MAYO / MAC 'N' CHEESE
- T LAZY LASAGNE / ROASTED VEG
- F SPICY CHICKEN / PIZZA PASTA

CLASSIC TOMATO PASTA AVAILABLE DAILY

M MONDAY T TUESDAY W WEDNESDAY T THURSDAY F FRIDAY

VEGETARIAN VEGAN